

Heat

Therapies

Grotto (15min) \$30
 Recommended before body treatments for maximum benefits for the overstressed. Promotes total relaxation.



Steam Cave & Shower (15min) \$30
 A steam & shower combination that detoxifies cleanses & relaxes.

Sauna (15min) \$30
 A dry heat therapy which detoxifies, cleanses & relaxes. Recommended before therapies for maximum results.

Body

Treatments & Therapies

Grotto, Steam Cave or Sauna
 Added to Any Body Treatment \$20

Relaxation Massage (30min) \$95
Relaxation Massage (50min) \$130
Relaxation Massage (80min) \$195
Couple's Massage Available ... Upon Request

A soothing body massage that promotes relaxation and calming of the body & mind by stimulating circulation and improving the suppleness of muscles & joints.

Teen's Relaxation Massage (30min) \$75
Teen's Relaxation Massage (60min) \$110
(Ages 12-16)

Stress Release Massage (30min) \$95
 Massage Therapy focusing on the neck, back & shoulders for relief of stress & tension.

Therapeutic Massage (80min) \$195
 A deep tissue massage using a blend of liniment oils combined with isolated heat application.

Thai Massage (80min) \$225
Organic
 A body treatment using all natural ingredients with the use of an herbal heated poultices. Nutrients are massaged into the skin by the application of pressure point techniques.



Pre-Natal Massage (50min) \$145
 A soothing body massage that promotes relaxation and calming of the body & mind. Specially designed for guests during pregnancy.

Back Therapy Treatment (80min) \$195
 A gentle cleansing of the back, a soothing massage, followed by an application of Parafango (paraffin & natrium mud). A localized, specialized treatment for an aching back.

Aromatherapy (50min) \$150
 A relaxing body massage incorporating the use of essential oils. Oils are selected on an individual basis. This specialized massage therapy utilizes specific lymphatic drainage techniques for maximum benefits.

Basalt/Marble Therapy (80min) \$195
 A body treatment using alternating hot Basalt stones & cold Marble stones; creating a chemical reaction within the body. Hot Basalt Stone therapy increases circulation & cold Marble Stone therapy assists in relieving pain and inflammation, promoting the ultimate in relaxation of the mind & body.



Bamboo Aromatherapy Massage (80min) ... \$225
 All natural heated therapy massage with warm bamboo sticks. Assorted sized bamboo sticks, using rolling & twisting movements, warm aromatherapy oil on pressure points on the back and reflexology points on the hands & feet.



Body Paraffin Treatment (60min) \$150
 Our most indulgent body treatment. The entire body is moisturized and layered with warm, rich paraffin. You are enveloped in warmth that leaves the body hydrated, soft & smooth.

Scrubs

Masks

Lite Scrub (30min) \$95

Spa Scrub/Salt Glo (60min) \$150

A unique specialty treatment of the spa. Specially selected exfoliating powder or sea salt is mixed with pure massage oil, applied to the body for sloughing and nourishing, followed by a Loofah scrub, a vichey shower, and a body moisturizer.

Sawan - Rejuvenating Body Delight\$285

A moisturizing body scrub to remove dead skin cells and gently prepare your skin for a replenishing body wrap. The natural extracts of pineapple and tamarind act in synergy to rebalance your skin moisture and restore your vital energies. A relaxing massage using lemongrass essential oil is then applied to pressure points, muscles, joints and ligaments to provide you with a wonderful healing experience.

Thalassotherapy (80min) \$195

A natural seaweed mask is applied, followed by a thermal wrap, aiding in the penetration of the nourishing properties of the seaweed. Heat packs are added to help in the elimination of toxins. Followed by the vichey shower.

Mario's Spa, Hotel & Cabin Restaurant

35 E. Garfield Road
Aurora, OH 44202
Tel: 330.562.9171
Fax: 330.562.2386
Toll Free: 888.4.MISPA1

Email: info@marios-spa.com
www.marios-spa.com

